



**Enrichment and Activity Centre: Wanawadi**

**Schedule: February 2012**

**Savio Villa, 78/4 Divya Nagar, Wanawadi, Pune 411040**

<b>Date</b>	<b>Time</b>	<b>Activity</b>	<b>Resource person</b>
1 <sup>st</sup> Feb 2012	4.30 – 6.00pm	Introduction to Emotional Freedom Technique (EFT), a healing technique	Ms. Shilpa Kanungo
3 <sup>rd</sup> Feb 2012	<b>3.00pm – 6.00pm</b>	Enjoy Hindi Movie –Baghban	*Ing: - Amitabh Bachchan, Hema Malini, Paresh Rawal.
3 <sup>rd</sup> Feb 2012	11:00am to 12:00pm	Bollywood Dance	Trainer:Ms.Rudra Acharya
6 <sup>th</sup> Feb 2012	4.30 – 6.00pm	Do it yourself: Learn to repair simple household appliances	Col. Joshi
8 <sup>th</sup> Feb 2012	4:30 - 6:00 pm	Live Performance by Dignitarians: Vocal & instrumental	Open invitation to all Dignitarians who can sing or play an instrument. Pls bring your instruments
9 <sup>th</sup> Feb 2012		Outing to Chinmaya Vibhooti, Kolwan	Contact Margaret for Registration.
10 <sup>th</sup> Feb 2012	4:30 – 6:00 pm	Child Adoption Experience	Ms. Lakshmi Ramamurthy
10 <sup>th</sup> Feb 2012	11:00am to 12:00pm	Bollywood Dance	Trainer:Ms.Rudra Acharya
13 <sup>th</sup> Feb 2012	4.30 – 6.00pm	Managing stress for better health	Col A B Alekar
15 <sup>th</sup> Feb 2012	4.30 – 6.00pm	Shortcuts to good health	Dignitarian Pushpa Khemlani
17 <sup>th</sup> Feb 2012		Day trip to Dignity Lifestyle at Neral	Contact Margaret for Registration.
20 <sup>th</sup> Feb 2012	4:30- 6:00 pm	Dental Healthcare	Dr.Rekha Kamble
22 <sup>th</sup> Feb 2012	4:30- 6:00 pm	My experience with Amway Business	Dignitarian Sudha Sharma
24 <sup>th</sup> Feb 2012	4:30 – 6.00pm	Laughter Yoga	Laughter Therapist Khushmita Sanghvi
27 <sup>th</sup> Feb 2012	4:30 – 6.00pm	Ghazal performance	Dignitarian Geeta Ramakrishnan
30 <sup>th</sup> Jan 2012	4:00 - 6:00 pm	Birthday Celebration of all Dignitarians born in February.	Potluck : All members to bring some eatable from home and share with others : Snack, sweet, namkeen or cold drinks.

**\*Bollywood Dance Classes can be extended on public demand.**