



Pune: Aundh Centre

Senior Enrichment schedule: February 2012

Vidyanchal School, Survey No. 258, Balaji Park, Aundh (Baner), Pune – 411007. Behind Seasons Hotel

Date	Time	Activity	Resource person
1st Feb 2012	4.00 - 5.00 pm	Introduction to Card Reading	Ms. Bhamini Parmar
3 rd Feb 2012	4.00 - 5.00 pm	A Talk on "Breath – The Secret of Life" followed by meditation	Dignitarian Manju Shah
6 th Feb 2012	4.00 - 5.00 pm	Introduction to 'Swach', an organization that does door to door collection of garbage	Mr. Vishnu S.
8 th Feb 2012	4.00 - 5.00 pm	Financial Management for Senior Citizens	Volunteer Mr. C. R. Luniya (CA)
9 th Feb 2012	10am-6.30pm	Outing to Chinmaya Vibhuti, Kolwan	Register with Payal by 3 rd Feb
10 th Feb 2012	4.00 - 5.00 pm	Introduction to Eye Donation	Dr. Chaitanya Shukla (NIO)
13 th Feb 2012	4.00 - 5.00 pm	Solve puzzles and riddles	Payal
15 th Feb 2012	4.00 - 5.00 pm	Games	Volunteer Madhuri Moitra
17 th Feb 2012	7.00am – 7.00pm	Day trip to Dignity Lifestyle, Neral	Register with Payal by 10 th Feb
20 th Feb 2012	4.00 - 5.00 pm	Talk on 'How to keep your bones healthy'	Dr. Sunil Nadkarni
22 rd Feb 2012	4.00 - 5.00 pm	Share a joke.	Come prepared with jokes and funny anecdotes
24 th Feb 2012	4.00 - 5.00 pm	Benefit of Therapeutic Massage	Dignitarian Ratnakar Birari
27 th Feb 2012	4.00 - 5.00 pm	Birthday Celebrations	Please come to make the day special for the birthday babies with a potluck party. All members to bring some eatable from home and share with others: Snack, sweet, namkeen or cold drink
29 th Feb 2012	3.00 -5.00pm	Movie –Cheeni Kum	*ing Amithabh Bachhan, Tabu, Paresh Rawal